

Youth Screen Program



The Youth Screen program identifies mental health concerns in youth and teens and connects them with help and support after the screening when needed.

Our Process

- The parent and/or youth provide consent for participation in the program.
- The youth completes the mental health screening at the designated school or site. The screening identifies concerns, such as symptoms of depression and anxiety, suicidal thoughts and behaviors, and substance use.
- The parent and/or youth will be contacted if the youth screens positive for a concern. Our program staff will offer to provide information on resources in the youth's area for these concerns.

For more information:

East TN: Call Mindy Sidwell @ 615-917-0809 or email melinda.sidwell@tnvoices.org

Middle TN: Call Monique Hodison @ 615-633-5807 or email monique.hodison@tnvoices.org

West TN: Call Stephanie Phillips @ 901-229-0341 or email sphillips@tnvoices.org

To make a referral to Youth Screen

call the office at 615.269.7751

or scan the QR Code.



Youth Screen

Frequently Asked Questions

How do you sign up to participate in Youth Screen?

Parents/legal guardians of youth ages 11-17 can sign their youth up to participate in the program. Youth ages 18 to 19 can sign themselves up to participate. Please fill out the consent form to participate.

How much does Youth Screen cost?

Participation in Youth Screen is completely free of cost to the youth, family, and school or community site.

Are Youth Screen results confidential?

Yes, screening results are confidential. The screening records are kept for TN Voices program purposes only. If program staff believes that your child is in immediate danger or is a danger to others, they are mandated by law to notify appropriate personnel and/or necessary authorities.

What if the parent provides consent, but the youth does not want to participate?

The program is completely voluntary. Youth may decline to participate with no repercussions.

What happens after the screening?

Program staff will contact parents/legal guardians to share the screening results if there are concerns, and to share ways to get connected with help. If the youth is 18 or 19, they may request to be contacted directly with their results. The program staff will contact parents/legal guardians of any youth who screens positive for recent suicidal thoughts or attempts.

Does Youth Screen recommend treatment?

If program staff believes that further evaluation or services would be beneficial to the youth due to mental health concerns or symptoms, we will inform you of this suggestion. We are happy to help you get connected to a resource that can provide further evaluation and services. Youth Screen itself does not provide mental health diagnoses.